



## LINCOLNSHIRE HEALTH AND WELLBEING BOARD

Open Report on behalf of Tony McGinty, Interim Director of Public Health

Report to	<b>Lincolnshire Health and Wellbeing Board</b>
Date:	<b>6 December 2016</b>
Subject:	<b>Health and Wellbeing Grant Fund - Update</b>

### **Summary:**

This report provides the Health and Wellbeing Board with an update on the Health and Wellbeing Grant Funded projects.

### **Actions Required:**

The Health and Wellbeing Board is asked to note the details contained in Appendix A.

## **1. Background**

The Health and Wellbeing Grant Fund for Lincolnshire (the fund) was originally established in 2008 under a Section 256 Agreement between Lincolnshire County Council and NHS Lincolnshire. It was set up to support projects and initiatives which improve health and wellbeing in Lincolnshire. In November 2014 a revised Section 256 Agreement was signed between Lincolnshire County Council and the four Clinical Commissioning Groups which gave responsibility for allocating the remaining money to the Lincolnshire Health and Wellbeing Board.

In March 2015 the Board agreed to allocate £1,316,234.00 of the Health and Wellbeing Grant Fund to ten projects. As previously reported to the Board two projects have been withdrawn and one project, My Rural Life, concluded in January 2016. A summary report on the remaining seven grant funded projects is contained in Appendix A.

All these projects remain on plan and are delivering in line with the grant fund agreement. There are no significant issues to report to the Board, therefore this report is for information and the Board is asked to note the progress of the projects.

## 2. Conclusion

The Health and Wellbeing Board has been given the responsible for allocating and monitoring the remaining funds in the Health and Wellbeing Grant Fund. This is the third half yearly report on the projects since the funding was agreed by the Board in March 2015 and the Board is asked to note the information contained in Appendix A.

## 3. Consultation

Not applicable

## 4. Appendices

These are listed below and attached at the back of the report	
Appendix A	Health and Wellbeing Grant Fund – Update Report September 2016.

## 5. Background Papers

No background papers within Section 100D of the Local Government Act 1972 were used in the preparation of this report.

This report was written by Alison Christie, Programme Manager Health and Wellbeing, who can be contacted on 01522 552322 or [alison.christie@lincolnshire.gov.uk](mailto:alison.christie@lincolnshire.gov.uk)

## HEALTH AND WELLBEING GRANT FUND PROJECT – 2016 – 2017 Quarter 2 report

## Appendix A

Project Name:	Project Lifetime	Total Allocated	Total claimed	Total remaining	Project Status
<b>Buddy Up (Care Leavers Mentoring Project)</b>	Oct 2015 – Sept 2017	£150,516.00	£75,259	£75,257	●
<b>Description:</b>	To deliver a two year Care Leavers Mentoring Project across Lincolnshire to improve outcomes for both Care Leavers (CL) and volunteers. Mentors will deliver specialist interventions to sixty care leavers over the two years with a clear focus on supporting social isolation. The project is managed by a full time project worker who is responsible for recruiting 20 volunteer mentors to work with the care leavers.				
<b>Project Lead:</b>	Barnardo's				
<b>Project Update:</b>	The project start date was 01 July 2015, however the Volunteer Co-ordinator started in post in September. Since then the project has received 57 expressions of Interest forms from potential volunteers of which 13 have been recruited, inducted and fully trained to support care leavers, 2 of the volunteer mentors are themselves ex care leavers. All 13 volunteer mentors have been matched with 23 young people and meet on average once a week. Of the 23 all have reported improved health, emotional wellbeing and or social networks; 7 have engaged with Health services; and 17 have engaged with EET services.				

Project Name:	Project Lifetime	Total Allocated	Total claimed	Total remaining	Project Status
<b>Let's Get Fizzical</b>	July 2015 – March 17	£40,720.00	£30,998	£9,722	●
<b>Description:</b>	Let's Get Fizzical is an award winning project developed by national sports charity Street Games, which engages inactive children aged 8 – 14 years in sport. Positive Futures is piloting this model in 2 disadvantaged communities in Lincolnshire; Lincoln and Boston.				
<b>Project Lead:</b>	Positive Futures				
<b>Project Update:</b>	<p>After successfully completing the Lets Get Fizzical programme and through resourceful management of the funds; a saving of £9,722 was identified. Following consultation with the HWB Grant Fund Sub Group it was agreed to extend the programme for a further three months to utilise the remaining funds. Positive Futures were keen to do this with a view to adapt and improve the model using the learning from the work that had already taken place:</p> <ul style="list-style-type: none"> <li>• Tasters and 6-week programmes delivered in 12 primary and 3 Secondary Schools.</li> <li>• Weekly community sessions running in 4 locations.</li> <li>• A total of 93 children from the school's program have been signposted to our LGP community sessions</li> <li>• 196 participants have made 723 attendances at the school-based sessions</li> <li>• 10 sessional coaches trained and employed</li> <li>• 9 volunteers recruited and delivered 97.5 hours between them.</li> <li>• RSPH Level 1 Training, Mental Health First Aid and Solution Focused Behavior Change Training delivered to coaches and volunteers.</li> </ul> <p>The extended programme focus on a further 3 schools; 1 in Lincoln North; 1 in Lincoln South; and 1 in Boston. This will start in January 2017 and run through until March 2017. Taster sessions will be delivered in each school, followed by 9 weeks of after school activities and a hub session in each area. Positive Futures will again support with in kind contributions in terms of equipment, venue costs, and project coordination.</p>				

Symbol Key:			
+ Ahead of Plan	● On Plan	◆ Behind Plan	? Information not provided

Project Name:	Project Lifetime	Total Allocated	Total claimed	Total remaining	Project Status
<b>Diabetes Education &amp; Resources</b>	Jan 2016 – Dec 2018	£169,800.00	£8,278.91	£161,521.09	●
<b>Description:</b>	With agreement from the HWB Grant Fund Sub Group, the project has now been extended to deliver: <ul style="list-style-type: none"> <li>• Support people newly diagnosed with type 2 diabetes by supporting the rollout of the updated Spotlight education course across Lincolnshire.</li> <li>• Support people both newly diagnosed and living with type 2 diabetes by working with Diabetes UK to deliver a range of interventions.</li> <li>• Patient information packs containing support details produced both by Diabetes UK and Lincolnshire specific information</li> <li>• Living with Diabetes Days.</li> <li>• Local Peer Support Groups.</li> </ul>				
<b>Project Lead:</b>	4 Lincolnshire Clinical Commissioning Groups				
<b>Project Update:</b>	The project suffered a set-back due to the delay with the signing of the NHS standard contract with Diabetes UK. Progress to dates includes: <ul style="list-style-type: none"> <li>• Updated Spotlight education programme extended across Lincolnshire.</li> <li>• Promotional material for Spotlight produced.</li> <li>• Patient booklets to support those attending the Spotlight course produced and being used as part of the updated Spotlight course.</li> <li>• Finalised locations across Lincolnshire of the Living With Diabetes Days and Peer Support Groups with Diabetes UK.</li> <li>• Developed patient support resources with Diabetes UK.</li> <li>• 350 people were invited to a Spotlight training event, of which 247 attended (42% all of which set a personal target).</li> </ul>				

Project Name:	Project Lifetime	Total Allocated	Total claimed	Total remaining	Project Status
<b>Step Forward</b>	Oct 2015 – Sept 2017	£226,200.00	£35,936.00	£190,264	●
<b>Description:</b>	To support adults that are unemployed and have a learning disability, autism and/or a mental health condition and help them access employment opportunities, improve their employability and reduce worklessness.				
<b>Project Lead:</b>	Adult Specialist Services through contracted providers				
<b>Project Update:</b>	Boston College are running close to capacity in their contract for the Lincs East CCG area. The main reason for this is that people joining the project are not dropping out as anticipated and so the concern is that, as they progress through the programme, there will be no funding to support them and providers are reluctant to start people if they don't feel they will be able to see them right through. The original target profile assumed a drop-out rate of 30% however; most of those engaged with the project are still active. The current identified savings due to the non-allocation of Lot 2 and savings on the management costs; will allow for the full allocation of starters to be able to progress right through the project and to make provision for this number to increase if necessary; 67 beneficiaries have engaged with the service.				

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	<p>To date, 4 beneficiaries have completed a work experience placement and the number is set to increase as learner's progress through the programme towards their work experience.</p> <p>Although Lot 2 funding was not allocated, the contracts with Boston College for Lots 3-5 were all varied to allow for services to be provided to young people aged 18 and over that have a learning disability. The need for this arose when 2 or 3 young people were not able to access a service from the LCC YPLP Employment Support Team.</p>
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Project Name:	Project Lifetime	Total Allocated	Total claimed	Total remaining	Project Status
<b>Assisting low income households into work</b>	Sept 2015 – Sept 2019	£98,000.00	£38,375	£59,625	●
<b>Description:</b>	This project is being undertaken as part of the 'Universal Support Delivered Locally' (USDL) work linked to the national Universal Credit rollout agenda. Adults in low income households will be supported to enhance their skills and helping them to improve their employment prospects and potentially increase their income.				
<b>Project Lead:</b>	City of Lincoln in conjunction with Lincoln College				
<b>Project Update:</b>	<p>Due to the procurement process, the programme did not start until September 2015. Indicators show that the training programme has proved very popular and uptake for the courses has been high, in response to the high demand the spend profile for the project has been adjusted to take this into account.</p> <p>The ICT/employment skills courses delivered by Lincoln College are self-directed learning in the Community Education Centre, so specific sessions are not delivered – learners are working towards their own individual learning aims with tutor support. This model allows greater flexibility for the learners to work at their own pace and fits around other commitments. To date 183 learners have accessed training; 20 learners have moved into employment; 8 learners have made progression within their current employment, resulting in an increased wage. It is expected that this figure will rise as most learners have only very recently finished their learning and are entering into the tracking period.</p>				

Project Name:	Project Lifetime	Total Allocated	Total claimed	Total remaining	Project Status
<b>Connecting Communities</b>	July 2015 – June 2017	£120,302.00	£76,902	£43,400	●
<b>Description:</b>	This project is to further establish and embed sustainability into two resident led, fully constituted partnership groups within the hard pressed communities of Wainfleet and Winthorpe, by funding two part time local coordinators to help develop and co-ordinate activities.				
<b>Project Lead:</b>	Lincolnshire East Clinical Commissioning Group				
<b>Project Update:</b>	<p>The programme went live on 6<sup>th</sup> July 2015. Two Community Coordinators are in post; one in Wainfleet and one in Winthorpe.</p> <p><b>Wainfleet</b> Good relations have been established with Wainfleet St Mary Parish Council and the community coordinator is supporting them to develop their community assets i.e. refurbishment of their community hall and funding to refurbish the community play park.</p> <p><b>Activities:</b></p> <ul style="list-style-type: none"> <li>• Street clean-up has been supported.</li> </ul>				

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- Issue 2 of the Wainfleet newsletter was produced and circulated.
- Further engagement activity (Tea Party in the car park) was organised and all residents invited with a personal invite through their door.
- Dementia group now running monthly at Miller Court.
- Notice board now in situ in the surgery.
- Investigating the setting-up of a Credit Union in the town.
- Investigating the setting-up of a children's lunch club during holiday times.

There is still a lack of engagement and buy-in from organisations and local residents; also, there is reluctance for residents to get involved with the partnership because of past history and past members influence in the town:

- Continue to share minutes of meetings with Town Council Clerk.
- Attend Town Council Meetings when requested.
- Continue to inform people of the good work of the partnership and encourage participation and offer support and personal development opportunities.

### Winthorpe

#### **Activities include:**

- Continue to attend and support monthly partnership meetings.
- Continue to support monthly development group meetings to administer lottery funding. Further Health lottery funding applied for (£18,531) and secured.
- **Charitable Status** – WCP Winthorpe Community Partnership has registered with the Charity Commission to become a CIO (Charitable Incorporated Organisation), charitable status is still pending.
- Police Surgeries are now up and running at the community centre to give residents a voice.
- Linkages with Skegness Dementia Action Alliance have been established.
- Family Stay and Play sessions organised where children are encouraged to try new things, play together, and eat lots of free fruit. Parents also stayed and joined in; a total of 59 young people attended.
- £1,800 from the Horncastle Health fund was applied for and secured to develop a herb/fruit garden at the Community Centre. Volunteers are now involved in developing the garden and raised beds to grow herbs and fruit.
- A local Health and Wellbeing event was organised at the primary school; residents were able to talk to a host of service providers from many different areas including housing: Well-being team; LCC; Health Watch; and many more.
- Winthorpe Community Coordinator has applied to Esmee Fairbairn Foundation for 5 years funding to continue the role.
- The 5 year Community Plan has been signed off

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Project Name:	Project Lifetime	Total Allocated	Total claimed	Total remaining	Project Status
<b>Lincs Carers Charter</b>	June 2015 – December 2017	£110,600.00	£59,350	£51,250	●
<b>Description:</b>	To establish a quality standard 'Kite' mark recognisable to all Lincolnshire carers, providers and partners as a way of addressing some of the difficulties caused by rurality, poor transport infrastructure and sparsity of population. It will also ensure a connection with other areas of work, such as Carers & Employment, where SME's will be supported to meet best practice.				
<b>Project Lead:</b>	Every-One (formally Lincolnshire Carers & Young Carers Partnership)				
<b>Project Update:</b>	<p>The project went live in June 2015 and the Kite Mark award was promptly established. Marketing/Promotional Materials been developed and distributed and the Carers Charter and Award Standards have been written – this is a 6 month process. The Application Process/Pack and accompanying documentation are now completed and in place – Carers and Young Carers were involved in producing the application form and will be represented in the assessment panel:</p> <ul style="list-style-type: none"> <li>• 81 organisations have now signed up to and are working towards the accreditation.</li> <li>• 6 organisations have achieved accreditation: Abbey view Surgery; Ermine Academy; Peterborough and Stamford NHS trust; Lincoln Castle Academy; EMAS; and Wragby Surgery. 3 organisations are pending assessment; EMAS; Lincoln University; and Wragby Surgery and 6 more pending.</li> <li>• 18 organisations have received 2 hour Carer Awareness training, which has enabled those organisations to have a better understanding of the demands on those with a caring responsibility. Examples of this include, staff being offered flexible working arrangement and increased awareness of the demands placed Young Carers. 415 have been people reached through the training. Further sessions have been booked, particularly working with cohorts of staff from ULHT.</li> </ul>				

Amount available		£
		<b>1,328,661.00</b>
<b>Project</b>	<b>Provider</b>	
Get Started & Get into Healthy Lives	Prince's Trust	39,999.00
Care leavers mentoring project	Barnardo's	150,516.00
Let's Get Fizzical	Positive futures	40,720.00
Diabetes Education & Resource	4 CCGs	169,800.00
Step Forward	LCC - subcontractor	226,200.00
Assisting Low Income Households	City of Lincoln Council	98,000.00
Connecting Communities	East Lincolnshire CCG	120,302.00
My Rural Life	Sortified CiC	10,096.00
Lincs Carers Charter	Every One (Lincs Carers & Young Carers Partnership)	110,600.00
<b>Total remaining</b>		<b>362,428.00</b>

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